

## 72 Hour Disaster Preparedness Kit

Crank Flashlight

Crank radio

Spare batteries (for radio and flashlight if not crank style)

First-Aid Kit

Extra car keys and cash

Important papers (identification, house insurance)

Food and bottled water (can opener) 2-3 litres/person/day

Utensils

Clothing and footwear

Blankets or sleeping bags

Toiletries and other personal items

Medication

Whistle (to attract attention, if needed)

Playing cards, games

Prescription/Reading Glasses

Baby Items

Backpack/duffel bag (to hold all of the emergency survival kit items)

Candles & Matches/lighter\*

\*Only recommended if there are no kids present and candles are used in a safe place away from flammable materials

### Pet Kit

Leash

Crate

Food and water

Toy or something familiar

Cleaning supplies

<http://www.getprepared.gc.ca> – Information on personal and family preparedness

<http://www.redcross.ca/how-we-help/emergencies-and-disasters-in-canada/be-ready-app> - Emergency Preparedness App